

SEPTEMBER 2013

INSIDE

Read about driver's license renewal at the Iowa State Fair, page 16



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Online driver's license and ID renewal kicking into high gear

More than 2.2 million Iowans hold driver's licenses of one form or another. With each of those people renewing their license every five years, driver's license station employees are kept busy all the time. In an effort to increase customer service and reduce lines and wait times at driver's license stations, the Iowa DOT launched online renewal in July.

"Online renewal is something we have wanted to do for a long time," said Kim Snook, director of the Office of Driver Services. "In the last legislative session, we were able to get the approval of lawmakers to move forward with the process."

Mark Lowe, director of the Motor Vehicle Division, said, "Since online renewal went live in mid-July, the number of online transactions completed exceeds the total number of transactions completed at 73 of Iowa's driver's license issuance locations in FY 2013. On a daily basis, online renewal creates a virtual driver's license issuance site that handles about the same number of transactions as our largest issuance locations, with the benefit of being open 24 hours a day, seven days a week."

In the interest of public safety and identity security, there are stipulations on who can renew a driver's license or nonoperator's ID online. Nearly 284,000 license holders meet this criteria. With some exceptions, you can renew a license online if:

- You have a valid Iowa driver's license or ID (not a commercial driver's license).
- You are at least 18, but younger than 70 years old.
- Your license or ID has not been expired for more than a year.
- It is less than 180 days before the expiration date on your current license or ID.
- You are a U.S. citizen.
- You do not have any medical or vision conditions that would impact your ability to drive.
- You do not need to change the address, name, license class, endorsements or restrictions printed on your card.



Gov. Branstad (left) unveiled the new online renewal system at his weekly news conference July 15 with Director Trombino (center) and Lt. Gov. Reynolds (right)

Iowa DOT Director Paul Trombino III said, "We are committed to making customers' interactions with the Iowa DOT smarter, simpler and customer driven. Online renewal is one more service within our myMVD system that helps Iowans take care of needs related to their driver's license and driving record when and where it is convenient for them."

Cards renewed online will contain the same photo that is on a customer's current driver's license or ID. Customers will only be allowed to renew their driver's license or ID through the online system every other renewal period. Renewal periods and costs are the same regardless of how cards are renewed. However, the online system adds a \$1.50 convenience fee.

As with in-person renewal, new cards will be sent in the mail within 30 days of renewal. Customers who renew their driver's license or ID online should continue to carry their current card until they receive their new card in the mail. A proof of transaction can be printed and carried with their current card to prove that they have gone through the renewal process.

In addition to online driver's license and ID renewal, visitors to myMVD at <https://mymvd.iowadot.gov> can:

- Sign up to receive renewal notices electronically.
- Change their mailing address.
- Get a copy of their driving record.
- Find out what is needed to reinstate their license that has been revoked or suspended.
- Pay civil penalties.

Don't be fooled by imitation websites or apps that may be unreliable and charge a fee unrelated to the Iowa DOT. The official Iowa DOT online renewal website can only be accessed at <https://mymvd.iowadot.gov>.

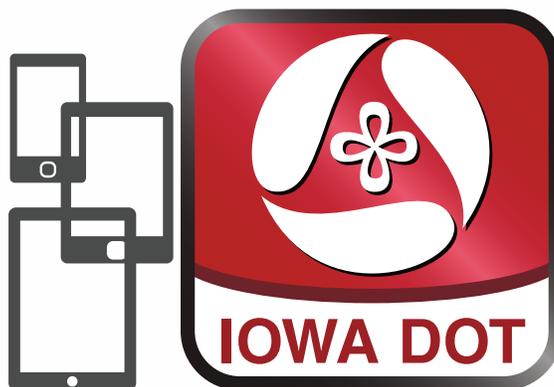
Iowa DOT makes all its apps available at myIowaDOT

One tool the Iowa DOT is using to fulfill its vision to be “Smarter, Simpler & Customer Driven” is a new application to organize all other Iowa DOT apps and mobile services designed for smartphones and tablets. Instead of making our customers search for each individual app developed by the Iowa DOT or our business partners, the agency is providing all the mobile services in one “container” app called myIowaDOT, which is available for download on both Apple and Android devices.

Paul Varnum of the Information Technology Division headed up the project to develop the container app. He said, “Having all the DOT mobile services in one location will make it easier for all our customers, both internally for our employees and externally to people outside the agency, to find what they need quickly and easily. As new apps and mobile services are developed, we’ll include them in the container, as well.”

Iowa DOT mobile services include:

- **Aviation** – Iowa DOT Aviation app includes an airport directory, current Iowa aviation weather information, and resources for obtaining other Iowa aviation-related information to assist pilots using the state's air transportation system.
- **Bike Map** – This app presents an interactive bicycle map showing bicycle trails, shared-use paths, bicycle lanes, paved shoulders, and bicycle-friendly roads in Iowa. The app also offers bicycle navigation using those resources.
- **DL Docs** - This mobile service helps the user determine which documents are required in order to obtain a new Iowa driver's license or nonoperator's ID, or to add a REAL ID marking to an existing driver's license or ID.
- **Legis** - This app provides Iowa DOT contact information and news releases for legislative and congressional districts.
- **DriveTest** - The IA Driver Test app provides tests that help the user practice for and pass the written noncommercial driving test.
- **myMVD** - myMVD is a Web portal that allows individuals to access their Iowa driver's license and ID information and complete certain services online. Current services include

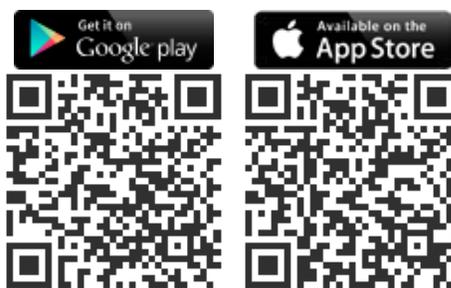


electronic driver's license and nonoperator's ID renewal notification, mailing address change, access to driving record, commercial driver's license self-certification and medical examiners certification, driver's license reinstatement requirements and payment of civil penalties. More services will continue to be added in the future.

- **Iowa 511** - Iowa 511 is the Iowa DOT's traffic and traveler information resource. This app provides statewide real-time traffic information, as well as other important information for Iowa travelers.
- **Twitter** - This app provides access to the Iowa DOT's Twitter page.
- **Facebook** - This app provides access to the Iowa DOT's Facebook page.

The myIowaDOT app is available on Apple devices through the iTunes Store or on Android devices through Google Play by searching for myIowaDOT.

There is no charge for any of the Iowa DOT apps and users should be wary of any driver's license or other DOT-related app that charges a fee.



Iowa DOT partners with CRANDIC for rail bridge projects

For more than 100 years, the Cedar Rapids and Iowa City Railway Co., also known as CRANDIC, has served rail customers in eastern Iowa and beyond by connecting to other rail lines. Customers including Archer Daniels Midland, Alliant Energy Corp., Cargill, International Paper, and Penford Products, rely on the CRANDIC line to move their goods to world markets.

In 2008, one of CRANDIC's main rail connections was severed when flooding damaged a railroad bridge that carried goods to the world by connecting CRANDIC to the Iowa Interstate Railway.

Joe McGovern, chief operating officer for CRANDIC, said, "After the flooding in 2008, we evaluated strategies and did a risk analysis of our line. We determined there were several bridges in need of upgrade or replacement to minimize future flood risk. We reached out to the Iowa DOT for funding assistance."

CRANDIC worked with the Iowa DOT's Office of Rail Transportation to secure funding for several major bridge projects along its main line. With loans of \$2 million and \$1.5 million from the Railroad Revolving Loan and Grant (RRLG) program, along with funding from the railroad, improvements have been made to lengthen and raise the railroad line that crosses the Iowa River. These improvements helped CRANDIC avoid the service interruptions of the past when flood waters once again threatened earlier this year.

"Because of the bridge repairs, we were able to keep our main line in service this year at water levels that forced line closure in 2008," said McGovern. "The RRLG funding provided us the opportunity to upgrade our line to avoid costly flood-related shutdowns that impact our customers."

McGovern says the next major RRLG project will be completed this fall. "We're about to finish work on the second Iowa River bridge near Amana that upgrades the structure and makes it three times longer. Having the RRLG program funding has allowed us to substantially invest in our system to a degree we could not have done on our own."

CRANDIC rail project, continued on page 15



Flooding on the Iowa River in 2008 caused significant damage to the CRANDIC rail line near Amana and significant shipping delays for the railroad's customers.



Because of work funded in part by the RRLG program, flooding in 2013 was not a problem for CRANDIC and its customers, even though the water was higher than the 2008 floods.



Boy Scouts get the inside scoop on trucking

The volume of freight moving in the United States and past our borders aboard semitractor trailers continues to grow. According to the U.S. Bureau of Labor Statistics, the number of people employed in the transportation and warehousing industry is expected to jump nearly 20 percent by 2020, making it one of the fastest growing industries in the nation.

Officer Loren Waterman of the Office of Motor Vehicle Enforcement recently spent a few hours with 30-plus scouts and leaders of a Boy Scout troop at Don Hummer Transport in Oxford, talking about many aspects of the trucking industry. The boys were earning their transportation merit badge.

Waterman, an Eagle Scout himself, said, "I used this opportunity to go through details of freight movement and security. We went through what is involved in an inspection, including a walk-around of one of the Hummer trucks and a logbook check. The boys were able to look around my squad car and then we talked about Federal Motor Carrier regulations."



Motor Vehicle Officer Loren Waterman talks to the scouts about the inspection part of his job.

Also speaking to the group was Hummer Trucking Vice President Chris Hummer, who went over driver details like hours and how drivers are paid. Waterman said, "It was a great way to partner with Hummer to teach these kids about the industry and what it takes to be successful."



Wellness Committee lunch and learn "Eat Better Today, Feel Better for Life!"



WHEN: Wednesday, Sept. 18, from noon to 1 p.m.

WHERE: Second floor conference room, Ames

Registered Dietitian Mary Krisco, a nutrition and health specialist at Iowa State University Extension presents, "Eat Better Today, Feel Better for Life!"

Her session will teach you how to develop your own personalized eating and physical activity plan for better health, getting to and maintaining a healthy weight and making choices today that will help you feel good tomorrow.

You may also join via webinar at:

<http://iowadepthoftransport.adobeconnect.com/dotwellness/>

- Conference number: 866-685-1580
- Participant code: 0009990532
- Sign in as a guest and type your name when prompted.
- Presentation slides will be posted prior to the event.
- Employees may attend on their lunch break or get supervisory approval to take vacation or use compensatory time.



IOWA DEPARTMENT OF TRANSPORTATION TROPHY CASE

Professional



Front row, from left: Bill Kreinbring, District 6; Tylor Husske, Information Technology Division; Eric Abrams, Performance and Technology Division; Matt Rohlf, Information Technology Division; Roger Dyke, District 5; Larry Williams, Repair Shop; Tony Sebben, District 5; second row, from left: Doug Lickteig, District 2; Jennifer Monserud, Repair Shop; Annette Dunn, Support Services (formerly Maintenance); Rusty Martin, District 1; third row, from left: Brad Steinhart, District 5; Linda Surber, Maintenance; Ron Wolf, District 6; Scott Robinson, District 1; Nathan Parker, Repair Shop; not pictured: Julie Steenhoek, Information Technology Division; Kurt Reason, District 4; Dixie Nelson, District 3; Jim Scott, District 1

The Iowa DOT recently received a Special Achievement in GIS Award from a global geographic information systems solutions provider. The DOT identified a need for maintenance supervisors to visualize and manage fleet movement and material usage by vehicles in operation during a winter weather event. Seeing what vehicles are doing in real time allows supervisors to direct the fleet and make decisions using the latest information, as well as replace a paperwork-intensive process of reporting materials use.

The project that met that need and was recognized with this award, produces a map interface maintenance supervisors can use at their computer or mobile device to show what each truck is doing and reporting. Supervisors looking at the map are able to see important information about the truck without interfacing with the truck icon; in other words, heads-up display.

The heads-up display shows type and amount or material used, pavement and air temperatures, and plow position. The map also shows material use reports such as tons of salt used on each segment of road over the last hour, crumb trailing, radar, and DOT airport and road weather stations so supervisors can make decisions about material and labor use on the fly.

Future enhancements are leveraging ArcGIS Online to provide plow locations to the public, camera screen shots from the plows, and more advanced reporting.

The Iowa DOT GIS team included Matt Rohlf, geospatial technical lead; Eric Abrams, geospatial manager; Annette Dunn, former winter operations manager; and the DOT's advanced vehicle location steering team.

Trophy case, continued on next page



IOWA DEPARTMENT OF TRANSPORTATION TROPHY CASE

Trophy case, continued from previous page

Personal



Dennis Smith (right), retired engineer from the Office of Design, scored an ace June 3 on the eighth hole at Veenker Memorial Golf Course. The hole-in-one was only the second ever recorded in the history of the Iowa DOT golf league. The first hole-in-one happened May 20, 1998, when **Tom Welch** (left), retired state safety engineer, aced the third hole at Oaks golf course.



Kolby Shackelford, 11-year-old son of **Kurtis Shackelford**, transportation engineer senior in the District 1 Office, scored his first hole-in-one during a tournament July 29 at The Preserve at Lake Rathbun in Moravia. Kolby used a 9-iron to ace the 120-yard hole.



Britan Martens (#22 - third player on the bottom right), son of Nikki Martens, a driver's license examiner from the Dubuque DL station, is a member of the Midland Eagles, Class A United States Specialty Sports Association Championship 12 and under baseball team. On July 21, the Midland Community School team from tiny Wyoming, Iowa, topped a field of 24 teams from around the Midwest in Liberty, Mo.

Mark Dean's journey to better health



Mark Dean, highway technician senior in the Cedar Rapids construction office, has a story to share. He said, "After reading about Frank Wagner's wellness success story in the June INSIDE, I thought I would share my own story of being diagnosed with Type 2 diabetes and how it changed my life in hopes that my story might help others."

He said, "In the winter of 2011-2012, I weighed 325 pounds. During snow season, I decided I needed to work on weight loss. My wife, Amy, and I started on diets and we both lost some weight. Although it wasn't a large amount, it was a start."

In the spring of 2012, Dean was on his way to Boone for training. He said, "During the drive back from Boone, I had trouble seeing clearly. Later, I had the same trouble again, so I decided to go to the eye doctor for a checkup. I was given a prescription for new glasses and could see clearly at first. This only lasted a couple weeks and my vision changed again. After another eye exam, my doctor told me that my eyes had changed quite a bit in one month. He suggested getting checked for diabetes by my family doctor."

Dean scheduled the diabetes screening in July and then started to research the symptoms associated with diabetes. "I found that I already had several of the most common symptoms," he said. A blood test confirmed Dean had Type 2 diabetes.

He said, "Some of my numbers from the blood test were off the charts, including a cholesterol number that couldn't be determined and a blood sugar level of more than 260. My wife researched online about my condition and ways to control it with diet. She found that two major points were portion control and healthier foods."

After his diagnosis, Dean attended diabetes training that



Mark Dean's wellness journey is paying off.

included information on different types of food and how they affected diabetes. He said, "I learned that I could have 45 grams of carbohydrates for each meal and 15 to 30 grams for snacks between meals to keep my blood sugar from fluctuating too much."

Dean has taken the information to heart. He said, "It is almost a year later and I now weigh between 195 and 200 pounds. I've dropped 6 to 7 inches around my waist, my blood sugar is in the middle of the healthy range, my blood pressure is excellent and my cholesterol is just where it needs to be. The doctor told me in April 2013 that if my numbers remain the way they were through October, he is going to start withdrawing the diabetes medications."

Dean concluded, "I wish I would have done a better job watching my weight in the past, but I am moving in the right direction. We eat fresh vegetables, salads and have smaller portions for meals. At first, I was hungry between meals. But now, my wife and I are both doing great. My wife has helped by cooking healthy meals and monitoring portions. I have lost 125 pounds and my wife has lost 80 pounds. If I had to do it over, I would have gotten checked and kept a closer eye on my weight because diabetes and heart disease is in my family."



Iowa DNR website and mobile app help find fun outdoor activities

The Iowa Department of Natural Resources has developed a program, Healthy and Happy Outdoors (H2O) that allows Iowans to find more than 30 types of outdoor activities at more than 1,600 state and county parks and recreation areas. H2O is an initiative designed to connect Iowans with outdoor resources as a way of reducing stress and improving overall health. To take the information with you, the agency has also included a mobile app called the Iowa State Parks & Recreation Guide, for both Android and iPhone.

The Iowa State Parks & Recreation Guide is designed to provide information to guide and enhance the outdoor experience, and to provide added safety and enjoyment for nature lovers and outdoor enthusiasts at all of Iowa's treasured state parks and recreation areas. The app is the perfect way for park goers to map, discover and explore Iowa's state parks and recreation areas.

In addition to its state-of-the-art GPS technology, the Iowa State Parks and Recreation Guide provides plenty of other tools that make exploring the great outdoors a breeze. Visitors can decide which park to visit by using a comprehensive list of activities or by searching for a park within a particular region. The calendar of events is updated in real time and will inform app users of all upcoming events for each park. Park rules and regulations are a click away, which is especially helpful to anglers and sportsmen. Planning an extended visit to Iowa's rolling hills, glistening lakes or sprawling prairies is easy with a few quick clicks using the app to secure overnight reservations.

Web surfers can go online to www.iowadnr.gov/h2o to find outdoor recreational opportunities in all 99 counties and create an account to log their activities. Those who sign



up are automatically entered into prize drawings for outdoor gear.

The H2O website will continue to grow with tips, healthy links, additional activities and more. Iowans are encouraged to help improve the map by inputting their favorite park into the system. Chuck Gipp, director of the Iowa DNR, said, "Our goal is to have every park in the state listed on this map, but we need Iowans' help identifying those great outdoor spaces."

Gipp added, "We want every Iowan to know that spending time outdoors increases physical activity and reduces stress. H2O provides a tool to make that happen. No matter where they live, Iowans can find places to spend outside that are close to home."

Gov. Terry Branstad said the state park application and H2O are two more options for promoting a healthier lifestyle for Iowans, which acts as a cornerstone of the goal of making Iowa the healthiest state in nation. The initiatives also advance the goal of improving Iowa's economy and creating 200,000 new jobs. He said, "The retention and recruitment of a high quality workforce is important to Iowa. These new tools offer us an opportunity to showcase the many great places and activities we have to offer across our entire state."





HyVee.

Nutrition Notes

with Amy Clark



Aronia berries – Iowa's super fruit

September is Aronia Berry Month! What is an aronia berry? Aronia berries, also known as chokeberries, are super fruits grown in the Midwest that contain many beneficial health properties. These dark purple berries are leaders in antioxidant levels when compared to many other fruits. They have many valuable nutrients that make them a powerful super food. You can enjoy them by the handful, blend with a smoothie, bake into a sweet bread, make a homemade jam or jelly - or many other ways can be discovered to use this nutritious berry. Celebrate this month by adding the aronia berry into your diet to receive all the health benefits it has to offer.

Why aronia berries?

Antioxidants: Antioxidants are the body's protector; they work hard to prevent damage to cells, which can be linked to premature aging and various diseases. Aronia berries are considered to have some of the highest concentration of antioxidants. They have three times as many antioxidants as blueberries.

Good for the heart: The rich antioxidant content of aronia berries may help to support heart health. Aronias have a natural blend of polyphenol antioxidants. One of the main antioxidants, known as anthocyanins, has been shown to help fight diseases that are caused by oxidative stress. Anthocyanins give these berries their beautiful, deep purple color.

Natural pain and inflammation relief: Not only are anthocyanins good for the heart, but they also act as anti-inflammatories. Fruits that have a high concentration of anthocyanins should be considered in an individual's diet to possibly help ease pain associated with arthritis.

Eye health: This delectable fruit may also benefit eye health. Consuming aronia berries may help with eye inflammation and the possible formation of cataracts.

Want more information on this powerful super fruit? Go to Hy-VeeHealth.com. Get delicious recipes, nutrition tips and look for the closest Hy-Vee dietitian near you.

Aronia Berry Cayenne Sauce and Cream Cheese

Serves: 6

All you need:

Sawmill Hollow Aronia Berry Cayenne Sauce (3 ounces)
1 Hy-Vee 1/3-less-fat block cream cheese

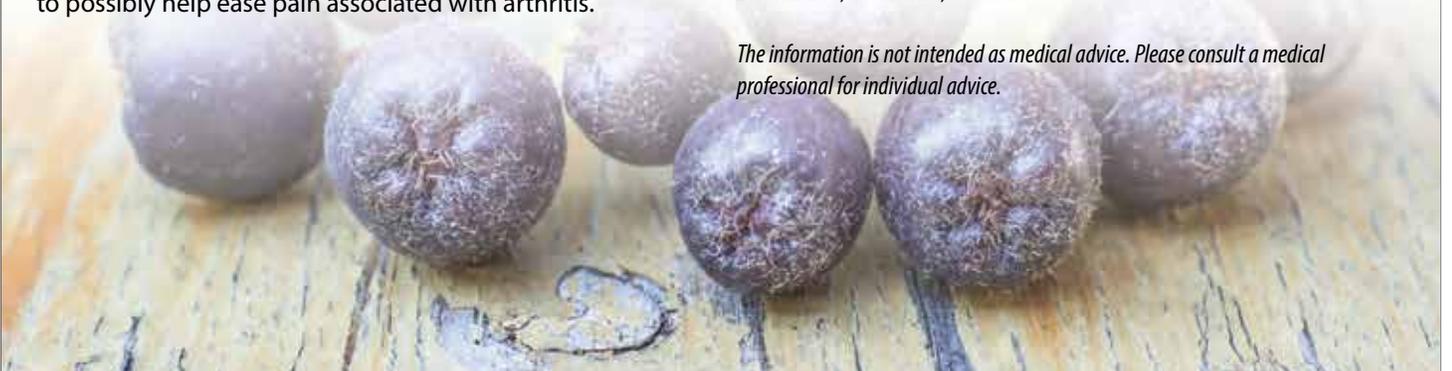
All you do:

1. Blend the cayenne seeds by stirring the sauce with a stirring stick. This will better distribute the cayenne seeds evenly in the sauce (mix of sweet and spice throughout).
2. Place block of cream cheese on plate.
3. Cut a slight line in the middle of cream cheese.
4. Pour aronia cayenne sauce over cream cheese.
5. Serve with crackers or gluten-free crackers. Original or plain crackers are recommended.

Nutrition information per serving:

130 calories, 11 g carbohydrates, 0 mg cholesterol, 0 g fiber, 8 g fat, 3 g protein, 5 g saturated fat, 150 mg sodium, 10 g sugar, 0 g trans fat. Daily values: 2% vitamin A; 2% vitamin C; 4% calcium; 0% iron.

The information is not intended as medical advice. Please consult a medical professional for individual advice.





Kudos!

These are letters that have been submitted to the editor. They may have been edited for length and continuity.

To: Iowa DOT website
From: Wayne Anderson, Alburnett

Thank you ... thank you ... thank you. The recent road upgrades to Interstate 380 south of Center Point are impeccable.

I have been driving that route since the existence of the roadway and it has never been better. In fact, I drive all over the Midwest, and I can't think of a better road. Not only that, but the crew putting it together is incredible. They work at night and are so conscientious and efficient, we never see them. There has never been a slow down on the road. When I saw they were putting yet another finishing layer of asphalt or whatever with new centerlines, that is even better.

I have to say my whole attitude driving into town has improved. I also ride a touring bike and what a pleasure it is to take it to town. I had great reservations with the old road as many of the cracks and the centerline were so wide, my motorcycle tire could easily slide into one and throw the bike. I was really hesitant to even change lanes with the bike.

I now find myself whistling while driving to town, and thinking about what a great day it is. I have to really pay attention to my speed as it is easy to get lost in the comfort of the road. I am anxious to see what this new surface does with snow and ice. I predict it will be far less dangerous and easier to maintain. I am looking equally forward to seeing the northbound lane upgraded with the same equal care and responsibility as has the southbound.

Huge kudos to the state and the contractor doing the work. It is a testament that our tax dollars can be managed efficiently and still provide an extraordinary service.

To: Iowa DOT website
From: Greg Kioski, Little Canada, Minn.

My wife and I recently completed a driving trip from Minnesota to California and back. In our experience, across several states, the Iowa rest areas were the cleanest and best-equipped. It's not even close. You are definitely making a very favorable impression on us out-of-state travelers. Thank you very much.

To: Steve McMenamin, Office of Maintenance
From: Stacy King

My family recently visited the rest area located near Dows on Interstate 35. We had been traveling all day with our small children and dog, and were shocked at how clean the rest stop was. The roads were packed and every gas station or restaurant that we stopped at had been overwhelmed, and quite dirty, with the holiday travelers.

The rest area was very busy, but your parking lot, picnic area, playground, and dog areas were all perfectly maintained and trash free. Inside, the lobby area was tidy and the bathrooms were extremely clean and well stocked, despite the fact that all of the stalls were busy. I stopped to thank the woman who was working, but I thought you would like to know, as well.

Please let your employees know that travelers do notice, and appreciate, their hard work. Thank you very much for making our hectic travel day a little nicer and cleaner.

To: Iowa DOT website
From: Lisa Sargent, West Des Moines

Just a note to commend you on the rest stops across Iowa. We are just returning from a driving vacation through Illinois, Indiana and Ohio, and the rest stops in Iowa are far superior in cleanliness, ease of access, and maintenance of the grounds than any that we encountered on the rest of our trip. I know that those who clean and maintain those facilities don't often get a lot of recognition, but they certainly deserve credit for a great job. Thanks!!

To: Motor Vehicle Enforcement
From: Lorraine McGuigan, Cedar Rapids

On Tuesday, June 25, my mom's car broke down on Interstate 380 as she was taking me to a medical appointment in Iowa City. We were so grateful that Motor Vehicle Officer Loren Waterman pulled up behind us to help. He called a tow truck for the car, but when I explained that I had an appointment in Iowa City that I had been waiting six months for, he offered to give me a ride.

He called another officer to stay with my mom until the tow truck arrived. When the car was delivered to the repair shop, that officer brought my mom to the doctor's office.

My mom was so upset when her car broke down, she was almost crying. She was afraid I would miss the appointment I had waited so long for. I assured her that God had a plan. I didn't know what that plan was, but I trust Him. I'm sure now that the plan was for us to be blessed by the wonderful officers that day.

(Editor's note: The other officer involved was Iowa State Patrolman Mike Hicks.)

To: Dakin Schultz, District 3
From: Mary Grimes

I just wanted to let you know how impressed I am with the highway construction on Interstate 29 between Lake Manawa and Bellevue. I don't think that I have ever seen a road torn down and rebuilt so quickly and with as little inconvenience as possible to motorists. Keep up the good work!

Family happenings

Construction and Materials

Adriana Reyes



Nancy McMenam, secretary 2 in the Office of Construction and Materials, plans to enjoy her retirement after 41 years of service to the Iowa DOT. A coffee was held May 31 with family, friends and co-workers to celebrate her retirement and wish her farewell.

McMenamin began her Iowa DOT career in 1972 in the Office of Project Planning. She then worked in purchasing and inventory management, transportation research, and transportation inventory, where she was promoted to a secretary 2. Later she worked in the Bureau of Support Services, the Office of Employee Services, and finally the Office of Construction. McMenam's hard work and dedication to the department will be missed by all.

In memory

Norman H. Baker, 77, of Huxley died, Friday, July 5, at the Israel Family Hospice House in Ames. Norman was born April 9, 1936, in Cambridge, the son of Herbert and Ruth (McHone) Baker. He graduated from Cambridge High School in 1954 and attended college for two years. He served in the

United States Marine Corps toward the end of the Korean conflict. Norman was united in marriage to Linda Romp Sept. 3, 1960 in Randall. Norman was deputy director of Information Technology for the Iowa DOT and then became the director of the State of Iowa Department of Personnel until he retired in 1998. Norman was a member of Fjeldberg and Nazareth Lutheran Church, Mathis-Wire American Legion Post #233 of Cambridge, Aging Resource Council in Des Moines, and Older Iowa Legislature. He was one of the founders of the Ballard Golf and Country Club and also the House of Knowledge in Cambridge. He was very civic-minded and had served on the Cambridge and Huxley city councils, Ballard school board, and as a little league coach. Norman had served as president of the Highway Engineers Exchange Program and was a member of the American Association of State Highway and Transportation Officials. Norman was an avid Iowa Hawkeye and Ballard wrestling fan. Norman is survived by his wife, Linda, of Huxley; son, Mark (Gina) of Huxley; daughter Torie (Randy Hefel) of Iowa City; and four grandchildren.



Timothy John Waters, 67, of

Melbourne, formerly of Massena, passed away Wednesday, July 3, surrounded by family that loved him. Tim was born on Nov. 26 1945, at the hotel in Massena, the son of Terrence John and Kathleen Marie



Waters. Tim was employed by the Iowa State Highway Commission after high school in 1964. In 1966, he joined the United States Navy. Tim served aboard the USS Trigger and the USS Von Steuben nuclear submarine. In 1970, Tim returned to the DOT and worked as a preliminary surveyor for 32 years until his retirement in 2002. Tim's hobbies included fishing, golf, horseshoe pitching, eight-ball pool league, and reading at least one book each week. He was an avid Saint Louis Cardinals baseball fan. Tim especially enjoyed spending time with family and friends. He will be missed by all who knew and loved him.

Tim is survived by his three children: son, Timothy Jay (Barbara) of Parker, Colo.; and daughters, Crystal Leonard of Clemons, and Andrea (Dirk) Lashnits of Denver, Colo.; nine grandchildren; four sisters and one brother.



Joshua Todd Huju, 26, of Sioux City was called into God's arms on Friday, June 28, in Crooked River, Idaho. Josh was born on Feb. 13, 1987, in Moorhead, Minn., the son of Todd and Roberta (Humble) Huju. (Todd is the District 3 maintenance manager.) Josh graduated from Sioux City North High School in 2005 and received his bachelor's degree in biology from Dakota State University in December 2010.

Josh was a person of great faith. He often expressed that, aside from people he loved, nature was God's greatest gift to him. For this reason, he sought to study and work at saving the natural habitat of God's creation. Josh began working in the fisheries management section of the Iowa Department of Natural Resources in 2012 and loved

In memory, continued from previous page

every moment of it. He then transferred to the Idaho Department of Fish and Game in early 2013.

He is survived by his parents, a brother, Jacob (Becca) of Houston, Texas; two sisters; Jenna Huju and Jodie Huju, both of Sioux City; maternal grandparents, Melvin and Katie Humble of Deer River, Minn.; paternal grandparents, Matt and Ellen Huju of Marcell, Minn.; 22 aunts and uncles; 106 cousins; and numerous other family members and friends.



Glen Evan Miller, 70, of Ames, passed away Tuesday, July 23. He was born in Milwaukee, Wis. Oct. 14, 1942. Glen attended high school at Elkview High School near Charleston, W. Va. Glen and Lois were married on June 24, 1984. Glen cherished his membership at Collegiate Presbyterian Church in Ames. He participated in the church's bike rides across Wisconsin and Minnesota. Glen acquired professional engineering certification and enjoyed lifetime membership as an Iowa State University alumni.

He worked for the Iowa DOT for 43 years, retiring in 2005. In the Ames office, Glen worked in soils and the materials lab. In 1986, he moved to Atlantic to become the District 4 materials engineer, coordinating projects in the newly constructed materials lab building. He also became the construction engineer for six months, following a retirement and during a hiring freeze. His final years with the Iowa DOT were as the District 4 construction engineer.

Glen would register for an International Conference at the drop of a hat. He and Lois attended conferences in Lausanne, Switzerland, Athens, Greece; and two in Hunan Province, China. They celebrated his

retirement by taking a second trip to Vienna, Austria, to attend the well-known Vienna Philharmonic New Year's concerts. Glen also attended the Transportation Research Board conference in Washington, D.C., for 30 years.

Glen treasured his wife, Lois, and families including daughter, Ae (Jim) Todsden and son, Tim (Tara) Miller; step family including daughters Linda (Brian) Grimm and Laura Wright (John Jones); and son, Larry Bush (June Gregory); extended family and many friends.



Roger D. Workman, 75, of Mason City, died Tuesday, July 16, at Mercy Medical Center in Mason City. Roger was born on March 27, 1938, in Mason City, the son of Carl Colburn and Lucille Evelyn (Thomas) Workman. He attended and graduated from Mason City High School before enlisting in the United States Navy.

While serving with the Navy, Roger was stationed in Germany, working as a translator and Russian code breaker. He learned to speak Russian, German and Japanese during this time. While in Germany Roger met and married Northild G. Reichert. This union would be blessed with three children, Andy, Kathy, and Scott. While serving in the Navy, Roger began boxing and held an impressive 31-1 record.

Following his time with the Navy, Roger returned to Mason City. On June 19, 1972, he was united in marriage to Marlys Hutson in Galena, Ill., they were blessed with 40 years together and two children, Chad and Kellie.

He began working at the Iowa DOT as a land surveyor and then as an information technology specialist. He retired in 2008 with 23 years of service to the Iowa DOT.

Roger cherished the time spent

with his family. When his children were young he loved taking them on "Workman Dog and Pony Shows" to deliver Lifetime motor homes to different states. He enjoyed officiating wrestling matches and shared his loved of wrestling with his sons and grandsons.

Those grateful in sharing in Roger's life are his children, Andre E. Reichert, Plant City, Fla.; Katherine L. (Bob) Hendrickson, Rockwell; Scott C. (Linda) Workman, Orlando, Fla.; Chad R. (Kristal) Workman, Norwalk; and Kellie M. Workman, Reynoldsburg, Ohio; 10 grandchildren; two great grandchildren; two nieces; one nephew, as well as extended family members and many friends.



William Boyd "Bill" Stoner Jr., 72, of Ames, entered his heavenly home Tuesday, July 30. Bill was born on Nov. 5, 1940, in Ames, the son of William and Lucilla Gildersleeve Stoner. He graduated from Ames High School in 1959 and attended Iowa State University for a time. He married Joyce Leggett on April 5, 1975, in Monticello.

Bill worked for the Iowa DOT, where he served in many capacities. At the time of his retirement from the DOT in 2002, Bill was a property manager. Bill was an active member of St. Paul Lutheran Church where he was a long time usher, lector and helped count offerings. Bill's passion in life was enjoying the outdoors. He was a member of the National Rifle Association, Ames Anglers, and Izaak Walton League, and he enjoyed fishing and skeet shooting. Bill is survived by his wife, Joyce, and a brother-in-law, Fay Leggett of Nevada.

Personnel updates

Information supplied by the Office of Employee Services for June 21 to Aug. 1, 2013.

New hires

Jason Bourbonnais, highway technician associate, District 5 maintenance; **Bobby Brasmer**, highway technician associate, District 6 Office; **Tammy Brooks**, driver's license clerk, Driver Services; **Wade Conover**, highway technician associate, District 5 maintenance; **Rebecca Davidson**, driver's license clerk, Driver Services; **Stephen Delong**, highway technician associate, Council Bluffs-south garage; **Seana Godbold**, design technician associate, Design; **Tracy Meise**, engineering technician senior, District 2 Office; **Jeffrey Seehusen**, maintenance repairer, Support Services; **Brandon Williams**, highway technician associate, District 6 Office

Promotions

John Bartholomew, from design technician associate to transportation engineer intern, Design; **Christopher Boswell**, from motor vehicle officer to motor vehicle sergeant, Motor Vehicle Enforcement; **David Coon**, from mechanic, Davenport garage to garage operations assistant, De Witt garage; **Thomas Dibble**, from construction technician, Sioux City construction to materials technician 4, District 3 materials; **Samuel Hiscocks**, from program planner 1 to transportation planner 1, Systems Planning; **Deborah Muell**, from driver's license clerk senior to driver's license examiner, Council Bluffs DL station; **Jason Prindle**, from design technician specialist to engineering technician senior, Design; **Barney Thomsen**, highway technician associate, Sigourney garage to equipment operator senior, Adair garage; **Jesse Tibodeau**, from transportation engineer specialist to transportation engineer administrator, District 1 Office; **Jerzy Wiench**, from chemist, Materials to information technology specialist 3, Information Technology Division; **Cheryl Williams**, from public service executive 3 to public service executive 5, Finance

Transfers

Timothy Allen, executive officer 1, from Traffic Operations to Motor Carrier and Vehicle Services; **Lynn Berrier**, driver's license clerk senior, from Des Moines DL station to Carroll DL station; **Greg Heine**, highway technician, from Council Bluffs-north garage to Neola garage; **Shawn Hunter**, highway technician, from Iowa Falls garage to Ames garage; **Mona Kretlow**, secretary 2, from Design to Highway Division bureaus; **Chad McCoskey**, highway technician associate, from Grimes garage to Altoona garage; **Ladana Sogard**, secretary 2, from Bridges and Structures to Design

Retirements

Donald Drake, transportation engineer, Design; **Victoria Dumdei**, public service executive 6, District 2 Office; **Rick Gustoff**, mechanic, repair shop; **Ronald Juelfs**, public service executive 5, Finance; **Donna Kelso-Roush**, motor vehicle captain, Motor Vehicle Enforcement; **John Luedeke**, materials fabrication inspector 2, District 4 materials; **George Martens**, transportation engineer specialist, District 1 field staff; **Patricia Montgomery**, secretary 1, Storm Lake maintenance; **Frank Wagner**, highway technician, Davenport garage

Service awards

Information supplied by the Office of Employee Services for September 2013

40 years

Connie Page, Director's Office; **Duane Prange**, Waterloo garage; **Steven White**, Davenport construction

35 years

Russell Abbott, Davenport garage; **Susan Brekke**, Support Services; **Zoeann Kramer**, Rail Transportation; **Steven Peters**, Dubuque garage; **Hayder Salehglu**, District 6 materials

30 years

Timothy Kohler, Waterloo garage; **Armin Martin**, Maintenance; **William Pusateri**, Location and Environment; **Tom Wells**, Information Technology Division

25 years

Jon Holland, Design; **Troy Strum**, Information Technology Division; **Jeffrey Utter**, Manchester construction

20 years

Mark Funnell, Systems Planning; **David Harms**, Marshalltown garage; **Jana Moreland**, Finance; **Mark Rosenbeck**, Adair garage

15 years

Ronald Harris, Burlington garage; **Timothy Larson**, Clarinda garage; **Charles Luvaas**, Support Services; **Amanda Martin**, Rail Transportation; **Patrick O'Donnell**, Mason City garage; **Dawn Parker**, Mount Pleasant construction; **Brian Smith**, Design

10 years

Anthony Hildreth, District 1 Office; **Michael Lang**, Support Services; **Hale Strasser**, Information Technology Division

5 years

Khyle Clute, Design; **Benjamin Driscoll**, Motor Vehicle Enforcement; **Michael Dunagan**, Grimes garage; **Troy Kuecker**, Motor Vehicle Enforcement; **Darrell Maasdam**, Grinnell garage; **Jonathan Miranda**, Design; **Joseph Nickell**, Motor Vehicle Enforcement; **Ronald Norton**, Bloomfield garage; **Brian Rink**, Motor Vehicle Enforcement; **Craig Schroeder**, Marshalltown garage; **Sam Shea**, District 6 Office; **Joshua Strong**, Clarinda garage; **Nathan Thede**, Design; **Ronald Werner**, Motor Vehicle Enforcement; **Christine Whitman**, Dubuque DL station

CRANDIC rail project, continued from page 5

Tammy Nicholson, director of the Iowa DOT's Office of Rail Transportation, said, "The partnership with CRANDIC shows the tremendous value provided by the RRLG Program working with Iowa railroads to invest in Iowa infrastructure."

The CRANDIC infrastructure projects were funded by loans which CRANDIC will pay back to the RRLG program over a 10-year period. This provides a benefit for the RRLG program by replenishing the fund and allowing additional projects to be funded in the future.

According to their website, CRANDIC:

- Serves 10 communities in four east-central Iowa counties.
- Carries 100,000 car loads of traffic each year.
- Employs approximately 80 people.
- Has more than 100 miles of track, including 60 miles of main line.
- Owns or leases 400 rail cars.
- Has eight MP-1500 locomotives and six slugs in service.

- Leverages strategic agreements with other railroads.
- Utilizes computerized tracking, integrated electronic data interchange services, and detailed yard and switching reports.
- Named Railway Age magazine's 2005 national Short Line Railroad of the Year.
- Received Argus Rail Business' 2011 national Win-Win Award (co-applicant: Archer Daniels Midland).
- Recipient of Argus Rail Business' 1999 national Win-Win Award (co-applicant: Cedar River Paper/Weyerhaeuser).

The RRLG Program provides financial assistance to improve rail facilities through loans and grants to railroads, businesses and communities that will create jobs, spur economic activity and improve the rail transportation system in Iowa. The program is funded through appropriations from the state legislature and repayments from loans for rail development projects funded in the past.

Service Area	Correspondent	Phone
District 1	Kelly Bernady , Ames	515-663-6371
District 2	Paige Merrill , Mason City	641-423-7584
District 3	MaryBeth Banta , Sioux City....	712-276-1451
District 4	Brooke Bissell , Atlantic	712-243-7620
District 5	Brenda Hadley , Fairfield	641-472-6142
District 6	Sandi Byers , Cedar Rapids.....	319-364-0235
Bridges and Structures	Judy Whitney , Ames	515-233-7917
Construction and Materials	Adriana Reyes , Ames.....	515-239-1085
Contracts	Mary Thompson , Ames	515-239-1415
Design	LaDana Sogard , Ames	515-239-1783
General Counsel.....	Chris Crow , Ames.....	515-239-1509
Information Technology Division	Colette Simpson , Ames.....	515-233-7728
Local Systems	Gail Nordholm , Ames	515-239-1528
Location and Environment	Susie McCullough , Ames.....	515-239-1225
Maintenance.....	Cindy Shipley , Ames	515-239-1971
Modal offices.....	Cathy Mather , Ames	515-239-1140
Motor Vehicle Division.....	Diann McMillen , Ankeny	515-237-3250
Operations and Finance Division	Sheri Anderson , Ames.....	515-239-1340
Performance and Technology Division	Lori Pflughaupt , Ames.....	515-239-1646
Right of Way	Tami Bailiff , Ames	515-239-1216
Systems Planning	Peggy Riecken , Ames.....	515-239-1664
Traffic and Safety	Stephanie Anderson , Ames.....	515-239-1746

INSIDE

INSIDE is developed to help keep all Iowa DOT employees informed about critical issues affecting them, recognize DOT employees for their excellent service and share interesting aspects in the lives of our co-workers. For more information, contact Tracey Bramble, Office of Strategic Communications, at 515-239-1314 or email tracey.bramble@dot.iowa.gov.

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PLEASE RECYCLE THIS ISSUE

On the cover: 2013 Iowa State Fair Midway

September I-Spy clue: Don't be tricked; Locate this iconic food on a stick.

July/Aug. I-Spy solution: Wrench above right front worker's head

Federal and state laws prohibit employment and/or public accommodation discrimination on the basis of age, color, creed, disability, gender identity, national origin, pregnancy, race, religion, sex, sexual orientation or veteran's status. If you believe you have been discriminated against, please contact the Iowa Civil Rights Commission at 800-457-4416 or Iowa Department of Transportation's affirmative action officer. If you need accommodations because of a disability to access the Iowa Department of Transportation's services, contact the agency's affirmative action officer at 800-262-0003.

Self-serve kiosks a huge hit at the Iowa State Fair

The 2013 Iowa State Fair was a great venue to roll out the Iowa DOT's pilot project using kiosks for driver's license and nonoperator's ID renewal.

The self-serve kiosks extend the online renewal service available at www.iowadot.gov. Customers using self-service kiosks can renew their Iowa driver's license or ID electronically, and also securely update the photo and signature that will appear on the new driver's license or ID.

During the 11 days at the fair, nearly 1,000 Iowans were able to renew their driver's license or ID card at two kiosks. During the same 11 days, more people renewed driver's

licenses or IDs at the fair than at 89 of the other renewal locations.

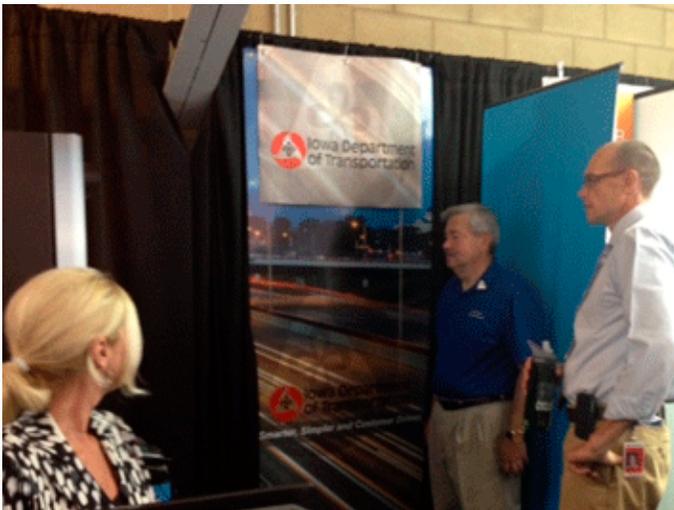
These two kiosks and two more placed at the Ankeny driver's license station make up the Iowa DOT's pilot project. Since the fair, the two units used at the fair have been moved to the Cedar Rapids driver's license station for further evaluation.

Mark Lowe, director of the Motor Vehicle Division, said, "Our plan is to make kiosks available for use by customers in 2014 in locations that are convenient for them. We also are working to add additional services both online and through the kiosks that give customers the option to do business with the Iowa DOT on their terms."

Lowe continued, "The units allow us to rebuild and add service levels to customers without adding additional staff. Electronic services free up time to allow our staff to focus on transactions that require more personal service."

The cost was an initial investment of \$275,000 for programming and other charges, plus \$50,00 for each kiosk. Funding for the project has come from fees collected via driver's license issuance. Lowe says, "We expect that in the future, the cost of each kiosk will be less as we increase the number of units we purchase."

Also in the Iowa DOT's state fair booth was a very popular promotion for an upcoming Iowa DOT app called TEXTL8R. Watch upcoming issues of INSIDE for more details.



Kim Snook (left) and Mark Lowe (right), Office of Driver Services, watch as Gov. Terry Branstad renews his license using the kiosk at the fair.



Kim Snook, Office of Driver Services, assists a customer with the renewal process.



DOT Director Paul Trombino (right) promotes the DOT's new safe driver app with Lt. Gov. Kim Reynolds (left). The TEXTL8R t-shirts were given out at the DOT's state fair booth to people who successfully completed a practice knowledge test.