

From: [Nordholm, Gail \[DOT\]](#)
To: [Nordholm, Gail \[DOT\]](#)
Subject: Excavation Safety Training
Date: Friday, March 19, 2010 9:57:00 AM

TO: County Engineers, City Representatives and Consultants

CC: District Local Systems Engineers, Service Bureau
and Office of Local Systems

FROM: Office of Local Systems

SUBJECT: Excavation Safety Training

DATE: March 19, 2010

The following is being sent on behalf of Tom McDonald, Safety Circuit Rider at InTrans. If you have any questions, **please do not reply to this note**. Instead, you may contact the person shown below.

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In response to interest received from the Iowa Department of Transportation, the Institute for Transportation at Iowa State has negotiated for the presentation of several sessions of Excavation Safety training in the state at the following locations:

April 12th – Indian Hills in Ottumwa (no lunch provided)

April 14th – InTrans Office in Ames (lunch included)

April 15th – Western Iowa Tech in Cherokee (no lunch provided)

April 16th – Western Iowa Tech in Cherokee (no lunch provided)

Wendell Wood from MMJ Consulting in Michigan will again present these competent person training workshops and was well received for this work in 2009. We will offer this training at a reduced price this year due to lower presentation site costs. You may view a copy of the agenda by clicking on the link below.

http://www.iowadot.gov/local_systems/mailling/2010/march/excavation_training_agenda.pdf

Each location has a few openings available for local agency staff needing this important training. If you are interested, please contact Tom McDonald for more details as soon as

possible.

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Some of the documents referenced above are in Adobe Acrobat's Portable Document Format (PDF). If you do not have the Adobe Acrobat Reader software, you can download it free of charge at:

<http://www.adobe.com/products/acrobat/readstep.html>.

Mailings are available at the Office of Local Systems Weekly Mailings web page at:

http://www.iowadot.gov/local_systems/mailing/main_mailing.htm

MMJ Consulting

Competent Person Training Program

Agenda

Setting the Stage...Analysis of a Fatality	8:00 a.m. to 8:45 a.m.
Break	
General Requirements	9:00 a.m. to 10:30 a.m.
Break	
General Requirements	10:45a.m. to 11:30 a.m.
Appendix A Definitions	11:30 a.m. to Noon
Lunch	
Appendix A Demonstration of testing procedures	12:45 p.m. to 1:30 p.m.
Protective Systems	1:30 p.m. to 2:45 p.m.
Break	
Testing and Review	3:00 p.m. to 3:45 p.m.
Final Remarks	3:45 p.m. to 4:00 p.m.

Note:

Times change based on start time...but the format is essentially the same. Flow determines actual start, break, lunch, and finish parameters

Program includes a thorough review of the standard and related standards including confined space (but it is not a confined space program)...OSHA Inspection procedures and practices, most recent interpretations, industry trends, and suitability of certain equipment for specific applications. It is not a sales pitch!